



The Transitional Program

463 College Avenue
Palo Alto, CA 94306
(650) 324-3330
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www.transitionalprogram.org

A training facility for aspiring mental health practitioners, with a focus on
Community Mental Health and Serious Mental Illness

The Transitional Program offers advanced practicum training to students in clinical or counseling psychology from area graduate schools. Our contract is for a maximum of 20 hours a week and one year of service, which begins and ends in early July.

The program emphasizes serious mental illness and long-term therapy with a varied adult population with a wide range of Axis I and Axis II diagnoses. Supervision is typically geared towards a psychodynamic approach, but all orientations are welcome and training staff will be supervised according to their preference.

Trainee staff will gain experience in:

- ♦ Group psychotherapy
- ♦ Individual psychotherapy
- ♦ Family and couples therapy as needed
 - ♦ Psycho-educational instruction
- ♦ Stress reduction/relaxation instruction
 - ♦ Working on a treatment team
 - ♦ Long-term psychotherapy
- ♦ Interfacing with practitioners from the mental health community

Trainees will also participate in:

- ♦ Weekly individual supervision
- ♦ Weekly group supervision
 - ♦ In-vivo supervision
- ♦ Didactic trainings on a variety of topics from crisis protocols to transference and termination
 - ♦ Team building
- ♦ Annual project in an area of his/her interest

A unique educational opportunity!

- ♦ Learn the art and function of long-term therapy
 - ♦ Opportunity to develop and conduct psychoeducational classes
- ♦ Become experienced in relaxation skills/techniques
- ♦ Receive direct feedback from supervisor through in-vivo supervision of group therapy

To apply for a practicum position:

For first round consideration, submit the following documents by February 16, 2007.

- ♦ Letter of intent
- ♦ Curriculum Vitae
- ♦ 2 letters of recommendation (minimum)
- ♦ Graduate transcript

Mail items to:

Barbara Menoff, Ph.D.
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